



# GENERAL MANAGER UPDATE

During a visit to Fiji earlier this year, I had the pleasure of meeting Artika. Six years of declining health from rheumatic heart disease had left her unable to walk short distances, or do any simple physical activities, before Open Heart International replaced two valves in her heart in 2009. Now eight years after surgery, stood a young woman full of life, working full time, encouraging everyone she met and living the abundant life she deserved.

It was a reminder of the privilege it is to be part of an organisation that is able to provide such intervention when it is so desperately needed.

Similar stories play out time and time again, in all parts of the world as Open Heart International, and the 272 volunteers that travelled during this year would have their own special moments and highlights.

Our capacity to respond and our program activity has continued to evolve and expand this year. We added a new location (Bolivia) and also invested in additional staff as we move to align our program goals and outcomes with

international development best practice.

The financial loss reported is largely related to a timing issue, with a major project straddling the end of financial year and income to be reported in the next year. However it does underscore the ongoing funding challenges felt right across our sector.

The plan of the construction of our new warehouse and office hub has stalled due to unforseen site complexities. While there is no firm date of completion, we continue to make progress towards an end goal.

In an environment of reduced government funding, I am grateful and thankful that our donor family continues to support our work.

Thank you to our donors, volunteers, partners and corporate supporters who always go above and beyond. There is no doubt we are greater than the sum of all of our parts. I hope you enjoy reading this 2016-17 Annual Review.





# ADRA ADRA

In August 2016, Open Heart International merged with the Adventist Development and Relief Agency (ADRA) Australia, while retaining the Open Heart International brand. ADRA is the official humanitarian agency of the Seventh-day Adventist Church. ADRA Australia works as part of the global ADRA network, which extends into more than 120 countries. ADRA exists to restore relationships so that every person has the opportunity to thrive. ADRA inspires and collaborates with others to responsibly facilitate transformational development and relief projects overseas and in Australia. Amazing things happen when people work together in truth and love to build a better future that they may never personally benefit from.

In 2016-17, ADRA Australia directly invested \$20.2m to help people thrive in 31 countries (including Australia) through facilitating community development projects and disaster relief in 31 countries\*. As a trusted partner of the Australian government, ADRA received grants totalling \$3.6m from the Department of Foreign Affairs and Trade (DFAT).

Locally, ADRA's network of 30 op shops in Australia helped raise almost \$1 million to benefit local community projects like women's refuges, emergency meals and community centres. Meanwhile, thousands of ADRA volunteers were compelled by love to make a difference in their community by helping others thrive.

\*Includes Open Heart International



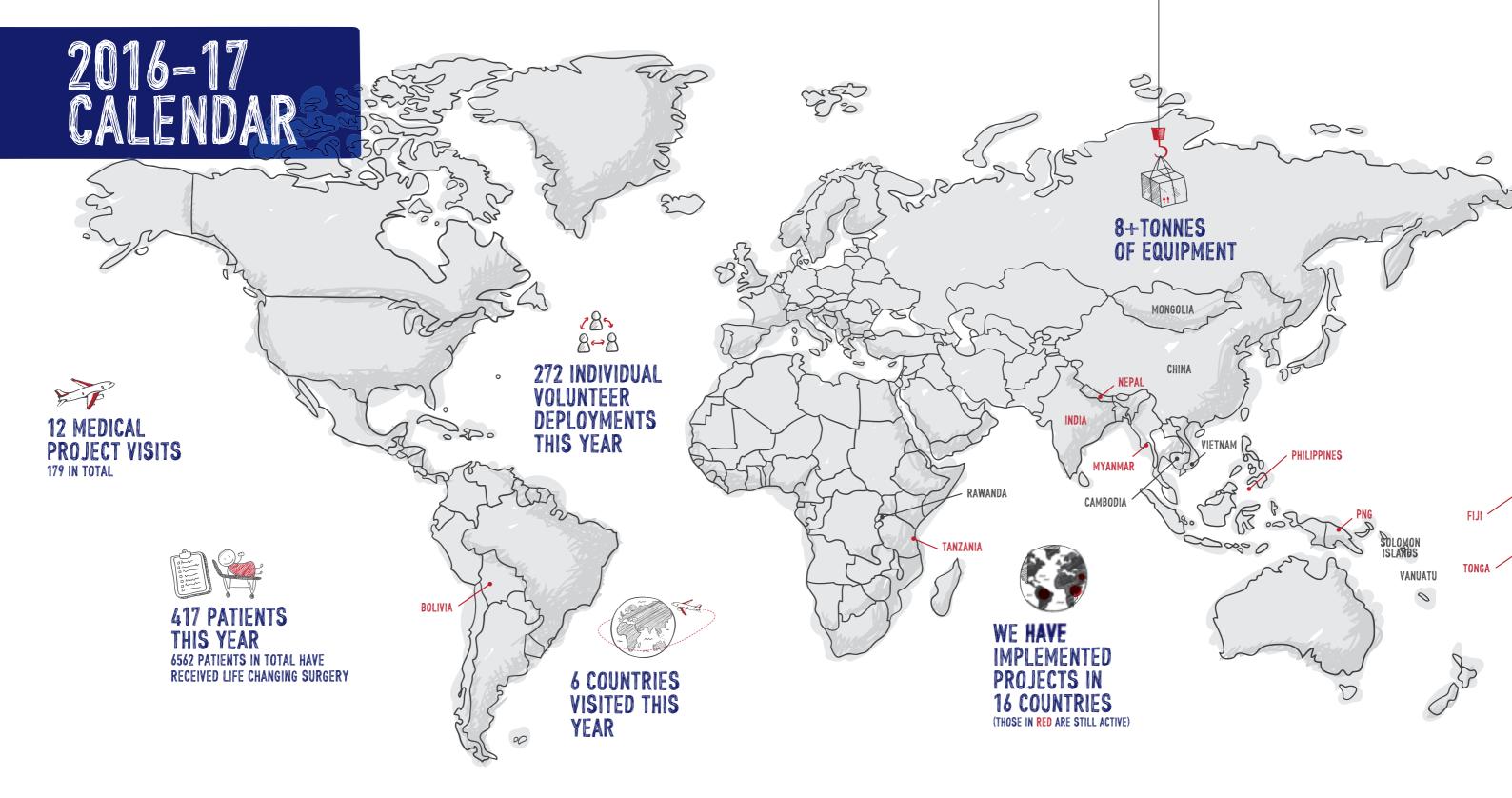
# SUCCESS STORY

Linh lives in a remote village with her husband and two children in the Cao Bang Province, one of Vietnam's poorest areas. To earn enough money, her husband left to find seasonal work. Money was tight, food was scarce and her children couldn't go to school. Linh felt frustrated without the resources to help her family and community. When ADRA came to her village, Linh and her husband eagerly joined the project. "ADRA provided 20 families with loans to

build proper latrines because there











# SEPT

### CARDIAC SEPTEMBER 2 - 13, 2016 COCHABAMBA, BOLIVIA



# OCT

### CARDIAC OCTOBER 15 - 23, 2016 YANGON, MYANMAR OCTOBER 22 - 30, 2016



# NOV

### CARDIAC NOVEMBER 17 - 27, 2016 DAR ES SALAAM, TANZANIA



# FEB CARDIAC

### FEBRUARY 18 - 26, 2017 YANGON, MYANMAR



## **CARDIAC**

MAR

MARCH 9 - 21, 2017 DAR ES SALAAM, TANZANIA

MARCH 19 - 27, 2017 YANGON, MYANMAR

# **WOMEN'S HEALTH**

MARCH 18 - APRIL 2 , 2017 BANEPA, NEPAL

# APR

# **BURNS SURGERY**

APRIL 1 - 16, 2017 BANEPA, NEPAL

## CARDIAC

APRIL 28 - MAY 7, 2017 SUVA, NADI, LABASA, FIJI (SCREENING)

# JUN

CARDIAC JUNE 10 - 24, 2017 SUVA, FIJI



It is any parent's worst nightmare to have their child admitted to hospital at any age, let alone with factors of pneumonia and cardiac failure presenting themselves. This nightmare was a reality for Elisapeci and Kulinio. Kulinio Junior at the age of 5 months was admitted to hospital in April with surgery urgently needed for his survival and well-being. Luckily enough the Open Heart International screening team were visiting Fiji to prepare patients for a surgical visit in June.

A few short months later Kulinio received life changing surgery and became Fiji's 800th patient with Open Heart International. With tears of happiness, the family expressed how they felt everything just fell into place. They are so thankful to both the local and Open Heart International staff for the life changing surgery their son received and now has the opportunity to live a full life.







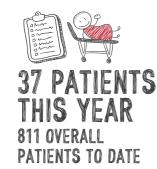




Arriving in the city of Cochabamba for the first Open Heart International cardiac project visit were a keen group of clinical volunteers. Cochabamba city is the fourth largest city in Bolivia. The World Bank estimates that 45% of Bolivians live below the poverty line. With no universal healthcare, and accessible only to those that have the means to pay, many cardiac conditions simply go untreated or even undiagnosed. While there are government hospitals, it is typically a "user-pay" system which further marginalises people of low-socioeconomic status. Open Heart International in partnership with the Hospital Univalle in Cochabamba, and in association with Rotary Club of Norwest Sunrise in Sydney, conducted a successful project visit in September 2016. The goal of the project and future visits are to foster skill development in cardiology and cardiac surgery for doctors in the Cochabamba region; improve the quality of life for underserved patients unable to access surgery and create an exchange program for Bolivian doctors to travel to Australia.







Fiji has one of the most developed economies in the South Pacific fuelled by tourism. However, living conditions of the average Fijian family are far removed from the luxuries of resort-style living. In 2015, 28.1% of the population were living below the national poverty line. Congenital Heart Disease is a general term for a range of birth defects that affect the normal workings of the heart. In Fiji, each year at least 200 children are born with congenital heart disease and some will die before their second birthday. Open Heart International has had a presence in Fiji for over 25 years, working with the Ministry of Health at the Colonial War Memorial Hospital in Suva. Open Heart International coordinates the screening and surgical volunteer teams from Australia to work in collaboration with the Colonial War Memorial Hospital teams each year. The project aims to improve the health of children and adults affected by cardiac health conditions to enable them to lead more productive lives in their families and wider community.

\*including screening team



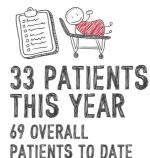




Myanmar previously known as Burma, is home to over 60 million people. Open Heart International (OHI) commenced working there almost 15 years ago originally working in the major public hospital in Yangon, the country's major city and since then has expanded to cover five hospitals across the country. Myanmar has a well-established cardiac program and OHI's relationship with the Ministry of Health including partner hospitals continues to grow. OHI's volunteer team of specialised medical professionals provide support to the local health workforce by conducting on-the-job training and formal education of local Burmese medical and nursing staff during each project visit. One of the main outcomes achieved so far is the ongoing strengthening of the health system and increasing capacity of partner hospitals. In this financial year OHI teams to Myanmar facilitated skills transfer including cardiothoracic surgery, intensive care management, defibrillator therapy, cardiac resynchronisation therapy, electrophysiology procedures and interventional and diagnostic cardiology.







Open Heart International commenced its cardiac project to Tanzania in 2016 to provide capacity building of local medical staff and lifesaving cardiac surgery. Tanzania has limited access to cardiac surgery often resulting in unnecessary and premature deaths of children and adults. With a population of 50 million people, Tanzania has approximately double the size of Australia's population. When it comes to cardiac health, there is only one facility that provides services to the whole country - the Ministry of Health's Jakaya Kikwete Cardiac Institute in Dar es Salaam. In contrast, Australia has five centres to cater for half the population size of Tanzania. The project provides health system strengthening focusing on capacity building of the health workforce and quality service delivery in partnership with the Jakaya Kikwete Cardiac Institute. One of the project's objectives is to improve the health of children and adults affected by cardiac health conditions to enable them to lead more productive lives in their families and wider community.







Twelve years ago Open Heart International commenced it cardiac project visits to Cambodia at the Angkor Hospital for Children (AHC) with a focus on children suffering congenital cardiac defects. The project objectives were to increase the knowledge and skills of all specialities involving cardiac surgery to enable local independence for simple open heart paediatric cardiac surgery; source and assist supply of surgical equipment, training opportunities overseas for local medical staff and work collaboratively with any other medical volunteer teams visiting the AHC. October 2016 marked the final Open Heart International project visit to Cambodia supporting the AHC. Upon exit, the Cambodian medical staff had the ability and technology to assess and diagnose congenital defects on inspection and echocardiogram, and provide some level of surgery idependently.



# WONENS HEALTH SUCCESS STORY

Rina is a 24 year old Nepalese woman. She was married at 13 and had her first baby at 15. She first showed signs of a prolapse after her first baby which she gave birth to in a clinic near her hometown. She went on to have 3 more babies, sadly one was stillborn. Her children are aged between 1 1/2 and 9 years old. Rina lives in the Terrai, a border region of Nepal and India. She told us she works cleaning the houses of rich people and makes brooms to sell. She lives with her mother and a brother. When asked where her husband is, Rina said he had left her because of her uterine prolapse. Although this is a personal question, Rina shared her story with Open Heart International Women's Health Project Coordinator. Her hope is to someday remarry again. Rina was crying when she went into the operating theatre. When we asked her why she was upset it was because she had left her baby at home and she wasn't sure how she was going to care for him while she was recovering from the operation. Rina's surgery went well and she was discharged home to be with her children. She thanked the Open Heart International team and the Scheer Memorial Hospital staff for the treatment and care she











Since 2010, Open Heart International continues to provide essential surgical capacity for women suffering from the debilitating conditions of uterine prolapse and obstetric fistula which affects older women and is also common among younger women. Open Heart International in partnership with the Scheer Memorial Hospital in Nepal, aim to improve the health of Nepalese women and girls and enable them to lead productive lives in their families and wider community. The consequences of uterine prolapse and obstetric fistula are physical and psychosocial. Some of the physical consequences include difficulties to attend to daily tasks, infections and pain. Other symptoms can be incontinence, abscesses, and difficulty or prevention from future pregnancies. Psychosocial consequences can be emotional isolation, risk of gender-based violence and discrimination and social stigma. Open Heart International continues to support the establishment of good health systems strengthening through surgical best practice, post-surgery care through skills training for medical and nursing staff at Scheer Memorial Hospital.

# BURNS SUCCESS

When you first meet Soniya, she is a shy and softly spoken young girl. Soniya is 10 years old and lives with her family in the Sindulpalchok region in Nepal. This region was the epicentre of the horrific earthquake which occurred in 2015. Soniya was playing outside in between her and her neighbour's house when the earthquake happened. The neighbour's house collapsed during the earthquake. After her family and neighbours searched for her, Soniya was finally discovered from under the rubble which trapped her. She was badly injured and brought to the Scheer Memorial Hospital for care and treatment. One of her wounds healed with major scarring and a skin contracture restricting her ability to fully function with her hands. During the project visit this year, Soniya was screened and placed on the list of patients to receive surgical treatment. Although not a burns victim, the extent of her scarring and contracture needed surgery to help her regain full use of her hand and fingers. Soniya received treatment for her contracture releasing her hand and fingers and enabling her to have better functionality. Her family were very happy and expressed their thankfulness to the Open Heart International for making Soniya's life a little easier after what she had been through.











Ranked fourth in all injuries globally, burns injuries are a public health concern. Although the vast majority of burns are not fatal, fire-related burns leave many of its victims with lifelong disabilities and disfigurements, often with resulting stigma and isolation. Nepal is one of the countries with the highest rate of mortality by fire-related accidents. With an estimated 41% of Nepal's population living in inadequate housing, this means homes are often poorly built structures with thatched and straw walls that are highly vulnerable to fires. In Nepal fire is a necessity for warmth and cooking and a health risk for chest conditions to burn injuries. Open Heart International commenced its burns surgery project in 2004 to provide burns victims with surgery to improve functionality and quality of life. Open Heart International's burns surgery project in Nepal primarily focuses on wound management, infection control and surgical intervention which can result in several weeks stay in hospital for some cases. Managing burn injuries properly is important because not only are they excruciatingly painful but can result in disfiguring and disabling scarring, amputation of affected parts, or even death.

# 2016-17 TEAM MEMBERS

Myanmar Jul 2016 Basilios Petrellis Mark McGuire Sarah Cherry Shaun Gorman Shaun Anderson

Bolivia Sep 2016 Alannah Morris **Bradley Smith** Bridget McConnell Carolyn Kensett-Smith Dominic Mou Glenn Singleman Heather Swan Helen Dodshon Ian Nicholson Julie Hulston Marilena Lachsz Rona Steel

### Myanmar Oct 2016

Alison Scott Paul Forrest Avia Birnbaum Bruce French Carolyn Wilkinson Chris Whight Christopher Waite Glenn Young Jason Sharp Jenny Joseph Jessica Ozdirik Kate Littlejohns Kiraka Nakazawa Lorna Saxbee Niels Hammer Ramanie Javaweera Sharon Kay Stephanie Kirwan Stuart Thomas Yaoping Wang Yishay Orr

### Cambodia Oct 2016

Ada Poon Amelia Griffiths Ashish Katewa Benjamin Anderson Catherine Mellor Deborah Hudspeth Deborah McKav Fiona Hyde Gay Carran Geoffrey Knight Joanne Hyde Jordan Wood Kym Stuart Laura Scerri Lisa Altmann Lucinda Owens Megan Townend Melissa Seubert Michelle Hughes Molly Oldeen Ranga Ananthasubramanian Rebecca Dinn Samantha Curry Thomas Knight Tracy Wardman Wendy Corkill

Tanzania Nov 2016 Amanda Stewart Amy Norsa Ariane Annica

Belinda Dooley Benjamin Bierbach Catharina Wohnlich Catherine Millynn Daniel McLennan Davna Gilewicz Deanne Jones Donald Hannah Elizabeth Dixon Elli Barrett Eric Schaechter George Shortis Grace Mahon Jayme Bennetts Jessica Moody John Dittmer Kuljeet Farrar Lucy Onopko Mark Markou Megan Heymer Nadia Reid Natasha Lever Rachel Moss Russell Lee Sandra Guzzi Sara Shea Shirley Wong Simon Erickson Steve Galluccio Susan Clubbe Theresa Gordon

Myanmar Feb 2017 Belinda Shearer Bruce French Bruce Bastian Cara Whitley Carolyn Wilkinson

Celia Bradford Christian Douglas Christopher Waite Christopher Barnes Claire Lee Claire Doolan Fmma Smith Eng Chuang (Alex) Gooi Homayoun Jalali Ian Moore Jason Sharp Jennifer Roberts Katherine Powell Kathryn Gardner Kathryn Clarke Kerriann Cox Kiraka Nakazawa Kirsten Bakyew Man Lian Matthew Crawford Naychi Lwin Nerelle Roy Nicholas Collins Pamela Reid Paul Wajon Risha Bhatia Robert Justo Sarah Cherry Sharon Kay Simon O'Connor Stephanie Pretty Susan Hale Thant Zaw Thomas Doolan Victoria Honour

Vivienne Newbery

Yishay Orr

Myanmar Mar 2017 Andrew McGavigan Glenn Young

Toby Branson

Tanzania Mar 2017 Allison Lamb Belinda Doolev Catherine Howard Catrina Swan Dana Hutchison Daphne Wattiez Darren Wolfers **David Andrews** Domingue Spork Donald Hannah Jee-Yoona Leona Jill Fawcett Kate Munro Kayla Jaensch Kirsten Mitchell Lariz Banes Lisa Perrett Luis Morales Mark Markou Nigel Slade Paula Rebgetz Peta Jordan Ranga Ananthasubramananian Rebecca Lupton Samantha Reardon Shane McCarthy Tamzen Tooher-Burrell Tiemin liu Toni Sheridan Wendy Corkill

Nepal Mar 2017 (Women's Health)

Adam Osomanski Amanda McCamey Bernice Sarpong Bronwyn Raymond Chris Saadie Christine Cain Coralie Batchelor Esther Tween Geoffrey Paul Helen Thompson Judith Lynch Judith White Karen Vaux Kathy Stayt Kenneth Vaux Lisa Robinson Lorraine Craig Louella Cooper Margaret Heine Matthew Swann Michelle Dixon Natalie Donkin Rebecca Hilton Susan Reid Susan (Virginia) Dixon Toni Hoskina Trudy Killeen-Snelson

### Nepal Apr 2017 (Burns)

Amanda Gorton Andrew Pembroke Bernice Sapong Cameron Scott Darany Thepmany Donna Fallon

Glenys Chapman Isabella Pollard-Palmer Janella Smith Jennifer Dixon Joanne Keough Julie Fehlberg Karen Renfrey Kate Crellev Kerry Lawson Leanne Sice Louise Pearsall Lynette Penman Marilyn Lewis Michelle Hui Neroli Seberry Philip Rome Sherry Koh Shiv Chopra Simon Cook Suzanne Crelley Wendy White

### Fiji Apr 2017 Bernice Sarpono Cheryl Deppeler Kerrie Richardson Malcolm Richardson Melanie Windus Michael Were Roxanne Burge-Lopez Susan Wright

Fiji Jun 2017 Alowesi Tunabuna Amy-Lee Lynch Annette Mazzone Chui-ha Linda Yiu **David Baines** 

Georgia Groom Helen Dodshon Ian Nicholson Ingrid Peppou Jayme Bennetts Jennifer Evans Julie Hulston Kathleen Jays Kelly Bratkovic Krystal Jolly Leesa Souza Marina D'Cruz Mark Markou Mark Windus Megan Willetts Meghan Allen Melanie Windus Melissa Smith Michele O'Brien Molly Oldeen Nancy Dela Cruz Neil Orford Niamh Keenan Rebecca Karraz Samantha O'Mara Shona Chung

Stephanie Chan

Subodh Ganu

Tania Marques

Vijaykumar Valiyapurayil

Tulia Nasalo

Donald Hannah

# GLENYS CHAPMAN 29/10/1956 - 17/5/2017

Glenys first volunteered her services to Open Heart International in 1996, and continued to be an active volunteer until her passing. She volunteered on 22 individual trips (all in Nepal). In addition she volunteered hundreds of hours each year in Australia to project planning and evaluation activities. She also donated and fundraised over \$75,000 since she began volunteering. Glenys' life was defined by how she could serve those around her. She will be sorely missed.



# 2016-2017 CORPORATE SPONSORS

IN PARTNERSHIP WITH:





### CORPORATE PARTNERS:

Australian Government - Department of Foreign Affairs & Trade

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Edwards Lifesciences Foundation

Foresight Australia

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Lifehealthcare Distribution Pty Ltd

Operation Open Heart Foundation (PNG)

PNG Air Freight Ltd

Philips Medical Systems

Reid Healthcare Pty Ltd

Snap Printing Eastwood

Sonosite

Stryker South Pacific

Tonga Ministry of Health

Travel Specialists Mosman

TravelManagers Australia Pty Ltd Welch Allyn Australia Pty Ltd

Whiteley Medical



# FINANCIAL **SUMMARY**

REVENUE	27/6/16 - 26/8/16	2016-1017 <sup>1</sup> 26/8/16 - 30/6/17	2016-17	2015-16
Donations and gifts				
Monetary	107,966	1,095,125	1,203,091	884,613
Non-monetary - International <sup>2</sup>	0	1,211,117	1,211,117	0
Non-monetary - National <sup>2</sup>	0	0	0	0
Bequests and Legacies	0	0	0	0
Grants				
DFAT	0	0	0	0
other Australian	25,000	0	25,000	90,191
Appropriations received	0	266,224	266,224	181,000
Other income	51,749	3,659	55,408	151,790
Investment income	1	21,093	21,094	25,863
Total Revenue	\$184,716	\$2,597,218	\$2,781,934	\$1,333,457
EXPENDITURE	27/6/16 - 26/8/16	2016-1017 <sup>1</sup> 26/8/16 - 30/6/17	2016-17	2015-16
International program				
Funds to overseas projects	103,932	1,199,075	1,303,007	1,087,479
Program support costs	13,694	114,846	128,540	97,435
Community education	0	0	0	0
Fundraising costs				
Public	11,529	75,001	86,530	75,718
Government, multilateral and private	0	0	0	0
Accountability and administration	13,420	77,646	91,066	69,037
Depreciation and capital expenses	58,633	19,823	78,456	43,366
Non-monetary expenditure	0	1,211,117	1,211,117	0
Domestic programs expenditure	0	0	0	0
Total Expenditure	\$201,208	\$2,697,508	\$2,898,716	\$1,373,035
RESERVES	27/6/16 - 26/8/16	2016-1017 <sup>1</sup> 26/8/16 - 30/6/17	2016-17	2015-16
Reserve funds at start of period	851,716	853,224	851,716	891,294
Deficit of revenue over expenditure	(16,492)	(100,290)	(116,783)	(39,578)
Total Reserves	\$835,224	\$734,933	\$734,933	\$851,716

<sup>1</sup> On 26 August 2017, Open Heart International was acquired by ADRA Australia Ltd, from Adventist Healthcare Limited. Financials are shown in two separate columns to reflect the change of structure during the period. Adventist Healthcare Ltd's reporting period for 2016-17 commenced on 27th June 2016.

For the financial periods where Open Heart International was a dvision of Adventist Healthcare Limited, its revenue was received through two sources, San Foundation and Adventist Heathcare Limited. Open Heart International was not specifically audited during those periods, but the accounts were encompassed in wider audits of Adventist Healthcare Limited and San Foundation by General Conference Auditing Services, Grant Thornton and WL Brown & Associates.

<sup>&</sup>lt;sup>2</sup> Non-monetary contributions to Open Heart International have only been measured since acquisition by ADRA Australia Ltd on 26 August 2017.

Open Heart International is not specifically audited, but the accounts are encompassed in the wider audits of ADRA Australia Ltd by Grant Thornton and General Conference

# SAVE ONE SAVE MANY

